

## **A Litany to Pray Frequently in Time of Health Pandemic**

This may be prayed individually or in alternation with others.

*Lord, have mercy.* Lord, have mercy.  
*Christ have mercy.* Christ, have mercy.  
*Lord, have mercy.* Lord, have mercy.

*Christ, hear us.* Christ, hear us.  
*Christ, graciously hear us.* Christ, graciously hear us.

*O God the Father, Creator of heaven and earth,*  
have mercy on us.

*O God the Son, Redeemer of the world,*  
have mercy on us.

*O God the Holy Spirit, Sanctifier of the faithful,*  
have mercy on us.

*O holy, blessed, and glorious Trinity, one God,*  
have mercy on us.

*From all evil,*  
Lord, deliver us, we pray.

*From every sin,*  
Lord, deliver us, we pray.

*From everlasting death,*  
Lord, deliver us, we pray.

*By your Incarnation,*  
Lord, deliver us, we pray.

Lord, deliver us, we pray.

*By your Death and Resurrection,*  
*By the outpouring of the Holy Spirit.*

Lord, deliver us, we pray.

*Holy Mary,* pray for us.

*Holy Mother of God,* pray for us.

*Mother of the Church,* pray for us.

*Mother of Christians,* pray for us.

*Mother of the human family,* pray for us.

*Refuge of sinners,* pray for us.

*Comforter of the afflicted,* pray for us.

*Consolation of the lonely,* pray for us.

*Solace of the fearful,* pray for us.

*Hope of the poor,* pray for us.

*Health of the sick,* pray for us.

*Companion of the dying,* pray for us.

*Strength of caregivers,* pray for us.

*Help of Christians,* pray for us.

*Queen of angels,* pray for us.

*Queen of apostles,* pray for us.

*Queen of martyrs,* pray for us.

*Queen of virgins,* pray for us.

*Queen of all saints,* pray for us.

*Queen of Heaven,* pray for us.

*Lamb of God, you take away the sins of the world,*  
spare us, O Lord.

*Lamb of God, you take away the sins of the world,*  
graciously hear us, O Lord.

*Lamb of God, you take away the sins of the world,*  
have mercy on us.

*Pray for us, O Holy Mother of God,*  
that we may be made worthy of the promises of Christ.

*In the name of the Father, and of the Son,*  
*and of the Holy Spirit.*

Amen.