

Facing the People, the Priest, extending his hands, sings or says:

The Lord be with you.

People **And with thy spirit.**

The Priest, raising his hands, continues:

Lift up your hearts.

People **We lift them up unto the Lord.**

Bowing his head and joining his hands, the Priest says:

Let us give thanks unto the Lord our God.

People **It is meet and right so to do.**

Then, having turned to the altar, with his hands extended, the Priest sings or says the Preface.